

## APERITIF MENU

10 €

DRINK TO CHOOSE BETWEEN:

- DRAUGHT BEER (0,33)
- GLASS OF WHITE/RED WINE
- SPRITZ
- SOFT DRINK (COCA COLA, COCA ZERO, FANTA, SPRITE)

SERVED WITH EMPTY FOCACCIA\*, POTATO CHIPS AND VARIOUS SNACKS

## BEVERAGE

### HOT BEVERAGES

COFFEE	1,20 €
DECAFFEINATED COFFEE	1,50 €
CAPPUCCINO	1,80 €
SOY CAPPUCCINO	2,30 €
DECAFFEINATED CAPPUCCINO	2,00 €
ESPRESSO IN GLASS CUP	1,50 €
BARLEY COFFEE	1,80 €
GINSENG COFFEE	2,00 €
MILK	1,50 €
SOY MILK	2,30 €
LATTÉ MACCHIATO	1,80 €
COFFEE WITH MILK	2,30 €
COFFEE WITH LIQUEUR	2,20 €
TEA - INFUSIONS - HERBAL TEAS	3,00 €
HOT CHOCOLATE	4,00 €
HOT CHOCOLATE WITH WHIPPED CREAM	4,50 €
SHAKEN ICED COFFEE	3,50 €

### BEVERAGES

ALMA WATER	2,00 €
FRUIT NECTARS	4,00 €
COCA COLA	3,50 €
COCA ZERO	3,50 €
LURISIA SODA	3,50 €
LURISIA CHINOTTO	3,50 €
LURISIA LEMONADE	3,50 €
LURISIA ORANGEADE	3,50 €
LURISIA TONIC WATER	3,50 €
CEDRATA	3,50 €
ICED TEA (LEMON OR PEACH)	3,50 €
SOFT DRINKS	3,00 €

### BEER

ALT DRAUGHT BEER 0,30 CL	4,00 €
ALT DRAUGHT BEER 0,50 CL	6,00 €
ALT RED BOTTLED BEER 0,33 CL	5,00 €
ALT BLONDE BOTTLED BEER 0,33 CL	5,00 €
BOTTLED BEER NON-ALCOHOLIC 0,33 CL	5,00 €

### ALCOHOLIC

SPRITZ	5,00 €
GIN TONIC	7,00 €

### BITTERS AND LIQUEURS

FROM 4,00 €

### DISTILLATES

FROM 4,50 €

### WINES

	GLASS	BOTTLE
<b>SPARKLING WINES</b>		
DOMAINE LAURENT COGNARD		
BLANC DE NOIR - CRÉMANT	6,00 €	30,00 €
FAUSTO ZAZZARA CLASSIC METHOD 36 MONTHS - PAS DOSÈ	6,00 €	30,00 €

### WHITE WINES

ORGANIC CANTINA TOLLO PASSERINA		
ALT SELECTION	5,00 €	25,00 €
FRESCOBALDI POMINO BIANCO	5,00 €	25,00 €

### RED WINES

CANTINA TOLLO ORGANIC MONTEPULCIANO D'ABRUZZO		
ALT SELECTION	5,00 €	25,00 €
CHIANTI CASTIGLIONI D.O.C.		
FRESCOBALDI	5,00 €	25,00 €



# MENU

### MAN'S PRIMARY SOURCE OF ENERGY IS FOOD.

EVERYTHING IS ENERGY. WE ALL KNOW THAT. BUT NEVER BEFORE HAVE WE SEEN SO CLEARLY THAT THERE IS MORE THAN ONE KIND OF ENERGY. THERE IS ONE KIND OF ENERGY IN PARTICULAR THAT GIVES US STRENGTH, HELPING US COME UP WITH IDEAS AND DEVELOP THEM. AN ENERGY EVERY ONE OF US WANTS AND NEEDS TO NOURISH OURSELVES. BECAUSE IT IS ESSENTIAL. THIS IS THE CURIOSITY THAT DRIVES US TO CREATE NEW SOLUTIONS. THE RESEARCH THAT ENCOURAGES US TO INNOVATE WITH SIMPLICITY. AND NOW, THIS ENERGY HAS BEEN TRANSFORMED INTO A DIFFERENT KIND OF FOOD: HIGH-QUALITY, UNCOMPROMISING FOOD, AVAILABLE TO ALL. GOOD ENERGY, FOR NEW IDEAS.

IN OVER TEN YEARS, THE ACADEMY HAS TRAINED MORE THAN 290 CHEFS BY COMBINING TECHNIQUE, THEORY, CULTURE, AND INNOVATION, CREATING A CONNECTION BETWEEN THE LOCAL ORIGIN OF PRODUCTS AND THE EXPERIMENTATION OF NEW RECIPES. AN IMMERSIVE EXPERIENCE DESIGNED TO ENHANCE THE SKILLS OF TOMORROW'S CHEFS.

UNA COLLABORAZIONE TRA



ALLERGEN LIST AND  
FROZEN PRODUCT HANDLING



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### FRIED CHICKEN (12)

1.2 KG FREE-RANGE CHICKEN STEAMED IN A BLEND OF HERBS AND SPICES, DELICATELY FRIED WHOLE FOR A FEW MINUTES, WITHOUT BREADING, IN HIGH OLEIC SUNFLOWER OIL, A HEALTHIER AND GENTLER WAY OF FRYING. GOLDEN ON THE OUTSIDE AND JUICY ON THE INSIDE. SERVED WITH POTATO CHIPS AND MAYONNAISE. (3, 12)

28 €

### MAIN COURSES

LASAGNA WITH RAGÙ (1, 3, 7, 9, 12)

10 €

GRATINATED CANNELLONI WITH RICOTTA AND SPINACH, AND PARMESAN SAUCE (1, 3, 7, 9)

12 €

MEATBALLS WITH SAUCE (1, 7)

10 €

CRISPY PORK RIBS WITH HERBS (1)

12 €

### SAVOURY BOMBA

SERVED WITH POTATO CHIPS AND MAYONNAISE (3, 12)

MELT-IN-THE-MOUTH PORK, MARINATED RED CABBAGE,

MUSTARD-FLAVOURED MAYONNAISE AND MIXED GREENS (1, 3, 6, 10, 12)

10 €

BUFFALO MOZZARELLA, CANDIED TOMATO AND BASIL (1, 3, 6, 7)

9 €

MELT-IN-THE-MOUTH CHICKEN, MAYONNAISE AND ICEBERG LETTUCE (1, 3, 6, 12)

10 €

### BOMBA BURGER (1, 3, 6, 12)

SERVED WITH POTATO CHIPS AND MAYONNAISE (3, 12)

VEAL, MAYONNAISE, SPICY TOMATO SPREAD, MARINATED CUCUMBER,

ICEBERG LETTUCE, SWEET AND SOUR RED ONION

10 €

### SALADS

CHICKEN, LETTUCE, OLIVES AND MAYONNAISE (3, 9, 12)

10 €

CHICKPEAS, BLACK RICE, CANDIED TOMATO AND BASIL PESTO (12)

10 €

TUNA FILLET, TONDINO BEANS AND CARAMELIZED ONION (4, 12)

10 €

SPELT, BARLEY WITH ROASTED TOMATOES, PINE NUT AND BASIL (1)

10 €

### SOUPS

LEGUMES SOUP (BORLOTTI AND CANNELLINI BEANS, CHICKPEAS, LENTILS AND PEAS)

10 €

LEGUMES SOUP, (BARLEY, SPELT, BORLOTTI AND CANNELLINI BEANS, CHICKPEAS,

LENTILS, PEAS AND TOMATOES) (1)

12 €

### TOAST SANDWICHES

SOLINA AND SARAGOLLA SANDWICH BREAD WITH HAM AND SCAMORZA CHEESE (1, 6, 7)

7 €

GLUTEN-FREE BREAD WITH HAM AND SCAMORZA CHEESE (6, 7)

7 €

SOLINA AND SARAGOLLA SANDWICH BREAD WITH MARINATED TOMATO AND SCAMORZA CHEESE (1, 6, 7)

7 €

### FOCACCIAS

FOCACCIA WITH ROAST PORK, ROCKET AND MAYONNAISE (1, 3, 6, 12)

10 €

FOCACCIA WITH ROAST BEEF, MIXED GREENS AND MUSTARD (1, 3, 10, 12)

10 €

FOCACCIA WITH SAUSAGE, SCAMORZA CHEESE, SPICY TOMATO SPREAD

AND MAYONNAISE (1, 3, 6, 7, 12)

12 €

FOCACCIA WITH STEAMED HAM, BUFFALO MOZZARELLA AND MIXED GREENS (1, 6, 7)

9 €

FOCACCIA WITH PARMA DOP PROSCIUTTO CRUDO AGED FOR 18 MONTHS,

BUFFALO MOZZARELLA AND MIXED GREENS (1, 6, 7)

10 €

FOCACCIA WITH RICOTTA, ESCAROLE, AND OLIVES (1, 7)

9 €

FOCACCIA WITH BOLOGNESE RAGÙ AND SCAMORZA (1, 6, 7, 9)

12 €

### FOCACCIAS ON A PLATTER

FOCACCIA ON A PLATTER WITH TOMATO SAUCE AND BASIL (1, 6)

6 €

FOCACCIA ON A PLATTER WITH BUFFALO BURRATA, OLIVE TAPENADE AND ANCHOVIES (1, 4, 6, 7)

9 €

### POTATO CHIPS

SERVED WITH MAYONNAISE (3, 12)

4 €

### SAUCES

MAYONNAISE (3, 12)

0,5 €

SPICY TOMATO SPREAD

0,5 €

MUSTARD (3, 10, 12)

0,5 €

### BREAD DISH

NIKO ROMITO ARTISANAL SOURDOUGH BREAD MADE FROM ORGANIC FLOUR (1)

2 €

GLUTEN-FREE BREAD (6)

2 €

## KIDS MENU

10 €

PRODUCT TO CHOOSE BETWEEN:

• FOCACCIA WITH TOMATO SAUCE (1, 6)

• MEATBALL 3 PZ (1, 7)

• BOMBA BURGER (WITHOUT CUCUMBER AND ONION) (1, 3, 6, 12)

SERVED WITH POTATO CHIPS

SAUCE TO CHOOSE BETWEEN:

• MAYONNAISE (3, 12) OR KETCHUP

DRINK TO CHOOSE BETWEEN:

WATER OR SOFT DRINK

(COCA COLA, COCA ZERO, FANTA, SPRITE)

## DESSERTS

### BOMBA DESSERTS

EMPTY BOMBA (1, 3, 6)

2 €

CREAM BOMBA (1, 3, 6, 7)

2,5 €

BOMBA WITH CHOCOLATE (1, 3, 6, 7, 8)

3 €

BOMBA WITH PISTACHIO (1, 3, 6, 7, 8)

2,8 €

BOMBA WITH APRICOT JAM (1, 3, 6)

2,5 €

### DESSERTS

WHOLEWHEAT GRAPE TART (1, 3, 7)

3,5 €

SLICE OF RICOTTA AND CHOCOLATE TART (1, 3, 6, 7)

4,5 €

CREAM PIE WITH PINE NUTS (1, 3, 7, 8)

3,5 €

APPLE AND ALMOND PIE (3, 7, 8) GLUTEN-FREE

4 €

HAZELNUT, RASPBERRY AND CINNAMON CAKE (3, 7, 8) GLUTEN-FREE

4 €

HAZELNUT AND GIANDUJA CAKE (3, 6, 7, 8) GLUTEN-FREE

4 €

SLICE OF CHOCOLATE CAPRESE CAKE (1, 3, 6, 7, 8)

4 €

SLICE OF CARROT CAPRESE (1, 3, 8)

4 €

TIRAMISÙ ON THE PLATE (1, 3, 7)

5 €

MARITONZO WITH WHIPPED CREAM (1, 3, 6, 7)

2,5 €

NUVOLA BRIOCHE WITH CREAM (1, 3, 6, 7)

2,5 €

NUVOLA BRIOCHE WITH CHOCOLATE (1, 3, 6, 7, 8)

2,5 €

NUVOLA BRIOCHE WITH APRICOT JAM (1, 3, 6)

2,5 €

NUVOLA BRIOCHE WITH PISTACHIO (1, 3, 6, 7, 8)

2,8 €

EMPTY NUVOLA BRIOCHE (1, 3, 6)

2 €

### GELATO NIKO ROMITO

BOMBA

4 €

GELATO CONE

3 €

GELATO CUP

3,5 €

### GELATO FLAVOURS

• SICILIAN FEUDO-SAN BIAGIO PISTACHIO GELATO, CARAMELISED PISTACHIO BITS AND PISTACHIO SAUCE (1, 3, 6, 7, 8)

• FIORDILATTE GELATO, WILD STRAWBERRIES AND CARAMELISED HAZELNUT BITS (1, 3, 6, 7, 8)

• FIORDILATTE GELATO AND SICILIAN FEUDO-SAN BIAGIO PISTACHIO GELATO, CARAMELISED PISTACHIO BITS AND PISTACHIO SAUCE (1, 3, 6, 7, 8)